

# Footpaths

Volume 3, Number 3

November 2003

F a c i l i t i e s D e p a r t m e n t

## News Around Facilities (Old and New)


This summer and fall have been busy around the UND Campus. Summer activities included the first (hopefully not last) VPFO Staff Appreciation Picnic which was held on July 24th by the Chester Fritz Auditorium. The event was fun and well attended by all of the departments within Finance and Operations. Although windy, everyone held on to their hats and managed to fill up on the good food that was provided.



**Larry:** Hey Bob!  
Who's watching  
the grill?  
**Bob:** I thought  
that was your  
job!  
**Duane:** (all smiles!)  
I'm sure glad it  
isn't my job!

Duane Czapiewski, Bob  
Gallager, Larry Zitzow  
Photo by Bob Myers

Once again Facilities workers came through for the University by helping make the UND campus and buildings looking their greatest for the return of students and faculty for the Fall Semester. Facilities can be proud of this accomplishment!

The Employees Committee is happy to report that the LeRoy  Facilities Award will be given (for the first time) at the Awards Day in a few months. More info will be coming about how to nominate someone within Facilities for the annual award.

*...Gracie Dahl*

**UND UNIVERSITY OF  
NORTH DAKOTA**

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## Director's Update

▶ EERC -- Dedication of new addition took place on November 13. Plans for renovation of Buildings A & B will be going out for bid. It will be completed in three phases.

▶ Memorial Union Renovation open house will be the first week of December.

▶ Tennis Courts are finished.

▶ New hangar will be ready for mid-December move-in

▶ Neuroscience building has started. The parking lot is being removed and the footings and foundation will be going in soon.

▶ Cyclotron - concrete base will be poured next week. Delivery of the cyclotron will be mid-December. The cap will then be placed on what used to be the old coal bunker after the cyclotron is in place.

▶ Townhouses will all have face-lifts done by next week.

▶ Fulton Hall bathrooms are renovated.

▶ Generator Farm still progressing. Hope to be completed by this spring.

▶ American Indian Center construction of new building will begin this spring. It will be a single-story structure to blend in well on Princeton. It should be done by Fall 2004.

▶ Christmas Break is coming sooner than you think. It will be another 3-week break so be sure to keep an eye on buildings and report anything that you notice may need checking.

*...Larry Zitzow...*

## Planning News

Dakota Commercial Development has started what is the first commercial project within the University Village. Negotiations continue on several other developments, including student housing, residential housing, and a convenience store/service station.

The UND student body has voted to increase the Wellness fee in order to construct a facility that will provide all of the requested activities short of an aquatic feature. Total budget for construction will be just over \$19 million. We anticipate construction will begin in October of 2004 after the design is completed. The facility is scheduled to open in the summer of 2006. It is the single largest new building project ever undertaken by the University. It will be located on the Bronson Property just west of the REA.

*...Rick Tonder...*



# Thanks!



*From the mailbox*

TO: Janice Troitte  
FROM: Jane Croeker

RE: Healthy UND  
DATE: October 23, 2003

"...I appreciate your help...I just wanted to thank you for all your good advice and assistance with Healthy UND projects. You have a lot of good ideas and knowledge of campus. ...Could you please tell Larry and Paul I am so impressed with the good service that facilities provided to the campus. Everyone is so friendly and helpful and things are always done in a timely and professional manner. I got my heat fixed, got keys, got cleaning services arranged, and got pictures hung within 24 hours of my request this fall. I think that is pretty amazing and all those fine people make our lives a lot easier and better every day, but we often forget to say thank you. Thanks, Jane"



Holiday time each year tends to bring stress into our lives. Ways to manage stress include: 1) spend time with your family; 2) participate in recreational activities; 3) learn to say no; 4) avoid excessive use of alcohol; 5) find opportunities to laugh.

(suggestions taken from St. Alexius Med Center news)



## Halloween Cuties!

*Who are these little trick-or-treaters?*



*I'm sure they must have received nothing but treats!!*

## New Faces in the Crowd



<u>NAME</u>	<u>Department</u>	<u>Date Began</u>
Jimmy Almodovar	BST Acad Svc	8/26/03
Paul Schill	BST Aux Svc	9/8/03
Shannon Porter	Planning	8/21/03
Wallace Sturdivant	BST Aux Svc	8/14/03



<u>NAME</u>	<u>Department</u>	<u>Date Began</u>
James Flier	BST Acad Svc	6/30/03
Patricia Graveline	BST Aux Svc	7/7/03
Peter Grabanski	BST Aux Svc	6/23/03
Cheri Kise	BST Aux Svc	6/23/03



<u>NAME</u>	<u>Department</u>	<u>Date Began</u>
Silvan Nygaard	BST Acad Svc	9/29/03
Paul Sayers	BST Acad Svc	9/29/03
Jess Knight	BST Acad Svc	9/29/03
Crystal Schweitzer	BST Acad Svc	9/29/03



<u>NAME</u>	<u>Department</u>	<u>Date Began</u>
Tod Gohl	Fam Hsg Mt	9/29/03
Elaine Legg	Account Tech	5/1/03
Scott Graveline	BST Acad Svc	11/10/03
Paul Tetreau	BST Acad Svc	11/1/03



<u>NAME</u>	<u>Department</u>	<u>Date Began</u>
John Bishop	BST Aux Svc	10/27/03
Robert Lemming	BST Aux Svc	10/6/03
David Stevens	BST Aux Svc	10/6/03

*...Patti Ryan Schmidt..*

## Talking Turkey



\* Turkeys originated in North and Central America, and evidence indicates that they have been around for over 10 million years.

\* The American Indians hunted wild turkey for its sweet, juicy meat as early as 1000 AD. Turkey feathers were used to stabilize arrows and adorn ceremonial dress, and the spurs on the legs of wild tom turkeys were used as projectiles on arrowheads. They also shared a place in their folklore. The Navajos tell of an enormous hen turkey that flew over their fields bringing them corn and teaching them how to cultivate their crops. The Apache Indians considered the turkey timid and wouldn't eat it or use its feathers on their arrows.

\* In Mexico, the turkey was considered a sacrificial bird. As an article of tribute Montezuma received 365,000 turkeys per year from his subjects.

\* Benjamin Franklin was displeased when the bald eagle was chosen over his proposed "original native" turkey as a national symbol. He said the turkey is a more respectable bird and a true original native of America.

\* Until 1863, Thanksgiving day had not been celebrated annually since the first feast in 1621. This changed in 1863 when Sarah Josepha Hale encouraged Abraham Lincoln to set aside the last Thursday in November "as a day for national thanksgiving and prayer."

\* Turkey eggs are pale creamy tan with brown speckles, and twice as large as chicken eggs. They hatch in 28 days. A baby turkey is called a poult and is tan and brown.

\* Domesticated turkeys (farm raised) cannot fly. Wild turkeys can fly for short distances at up to 55 miles per hour. Wild turkeys are also fast on the ground, running at speeds of up to 25 miles per hour.

\* Only male turkeys (toms) gobble; females (hens) make a clucking noise. The gobble is a seasonal call during the Spring and Fall. Hens are attracted for mating when a tom gobbles. Wild toms love to gobble when they hear loud sounds or settle in for the night.

\* Turkeys have around 3,500 feathers at maturity.

\* The Guinness Book of Records states that the largest dressed weight (cooked, with dressing) recorded for a turkey is 39.09 kg (86 lb.) on December 12, 1989.

\* Americans feast on approximately 535 million pounds of turkey on Thanksgiving.

\* Ninety percent of American homes eat turkey on

Thanksgiving. Fifty percent eat turkey on Christmas.

\* North Carolina produces 61 million turkeys annually, more than any other state. Minnesota and Arkansas are number two and three.

## More Turkey Tidbits

**Was the ballroom dance known as the "Turkey Trot" named for turkeys?** As a matter of fact, yes. In it, dancers imitate turkeys by circling the floor in short, jerky steps.

**What do you call that thing that hangs off a turkey's beak?** The flesh-like appendage located on the top of the beak, near the base is called the snood which is very long on male turkeys and hangs down over the beak.

**What is the reddish thing that hangs off a turkey's neck?** The reddish fleshy area at the front of the turkey's throat under the beak is called a wattle. The wattle and the snood become bright red when the tom is "strutting" his stuff in the mating dance.

**Does a turkey have ears?** While a turkey does not have ears per se, it does have excellent hearing, making it extremely difficult for any creature to approach without being detected. They also have exceptionally keen eyesight and a wide field of vision (about 270 degrees), and see in color. However, a turkey's night vision and depth perception are poor. Turkeys also have a poor sense of smell but a keen sense of taste.

## Pumpkins & Thanksgiving Dessert

One pound of raw untrimmed pumpkin should yield about 1 cup cooked pumpkin puree.

The flowers on a pumpkin vine are edible.

### Impossible Pumpkin Pie

3/4 cup sugar  
1/2 cup Bisquick  
2 tbsp. butter  
13 oz. can Evaporated Milk  
2 eggs  
16 oz. can pumpkin  
2-3 tsp. pumpkin pie spice  
(to taste)  
2 tsp. vanilla



This pie will make its own crust! Place all ingredients in a blender and blend until smooth. Pour mix into a well greased 9 inch, deep dish pie pan.

Bake at 350\* for 1 hr and 15 minutes or until knife comes out clean. Let cool completely and top with whipped cream. Enjoy!!

## Christmas Customs

The following trivia Based on ideas taken from *Discovering Christmas Customs and Folklore* by Margaret Baker.

The date of Christ's birth is one of the mysteries of the ages. It is likely that Pope Julius I (337-52) chose Dec. 25 to blend the anniversary with already well-established pagan festivals, including the celebration of the winter solstice.

Dec. 13 is called the Feast of St. Lucia in Sweden. Early in the morning, the youngest daughter in the house dresses in a white robe with a red sash, and puts on a crown holding nine lighted candles. She then presents her family with coffee and cakes.

At a church in Dewsbury, West Yorkshire, on Christmas Eve, the tenor bell called Black Tom is rung once for each year since the birth of Christ. The tolling also celebrates the passing of the Devil from the earth.

There was an old belief in England that a child born on Christmas Day would never be drowned or hanged. In Ireland it was believed that persons who died during the Twelve days of Christmas were fortunate, because during that time the gates of heaven stood open.

Greek Christians eat Christpsomo (Christ's bread) when they return home from mass at 4 a.m. on Christmas morning. The Christmas tree and presents do not appear until St. Basil's Day (Jan. 1).

Leaders of the Russian Revolution killed Santa Claus and substituted Father Winter or Grandfather Frost. Their flag-decorated tree was transformed into a New Year tree.

Probably the most well-known Christmas carol, "Silent Night" was first performed at the old St. Nikolas' Church in Oberndorf, Salzburg, Austria in 1818. It was written because the church organ was broken and there would be no music for Christmas Eve. The Austrian priest, Joseph Mohr, created this carol to fill the silent church with music. Though the church was destroyed by a flood, a memorial chapel was erected on the site.



Firing guns at midnight on Dec. 31 in Philadelphia is called "Murdering the Old Year." The custom was brought to America by immigrants from Germany.

## Holiday Trivia

A fresh Christmas tree can absorb a quart of water a day. A tree that has a good supply of water will stay fresh longer.

Rudolph the Red Nose Reindeer was created by a copywriter, Robert L. May, in 1939 for a Montgomery Wards Christmas promotion.



In 1923 President Calvin Coolidge held the first National Christmas Tree Lighting ceremony.

Candy canes were designed to resemble a Shepherd's crook. They were given out to children to keep them quiet during church services.



The Advent calendar, which is so popular here, was part of German and Scandinavian traditions.

The poinsettia is named after Dr. Joel Roberts Poinsett who was an ambassador to Mexico. When he returned home he brought this now popular Christmas plant with him. In Mexico the poinsettia is called Flower of the Holy Night.

The first Christmas card was printed in England in 1843 and sold for one shilling.



Alabama was the first state to declare Christmas a legal holiday and Oklahoma was the last.

Real Christmas trees are an all-American product, grown in all 50 states, including Alaska and Hawaii. Christmas tree producing states are Oregon, Michigan, Wisconsin, Pennsylvania, California, and North Carolina.



~...Gracie Dahl....

### Facilities Frogger says... Know What?



All of the Holiday Trivia in today's newsletter was all found on the internet.

Happy reading!

~...Gracie Dahl....