Pre-Chiropractic
Provided by Kimberly Ruit, Health Sciences Advisor, UND College of Arts and Sciences, March 2010

Pre-Chiropractic is not a major and does not lead to a degree from UND! In order to graduate with a degree from UND, students must:
1. Choose a Major and complete the specific requirements determined by the department responsible for that major
2. Complete the Essential Studies Requirements
3. Complete 125 semester credits (36 of which must be upper divisional credits)

In order to join the Pre-Chiro Program at UND, freshmen students (planning to finish in 4 years) must:
1. Officially declare Pre-Chiro in the main office of the College of Arts and Sciences (Montgomery Hall 125)
2. Activate and use UND e-mail account (make sure Campus Connection lists the UND e-mail as the primary e-mail account)
3. Attend all freshmen group advising meetings during fall semester
4. Attend one freshmen group advising meeting during spring semester
5. Complete the following courses, with a C grade or better, before the start of sophomore year:
   Bio 150-151, with labs
   Math 103 (may test out of this with an ACT Math score of 26, or UND Math ALG Test score of 18)
   Chem 121-122, with labs
6. Maintain a cumulative GPA of 3.0 or higher
7. Visit with their major advisor

In order to stay in the Pre-Chiro Program at UND, students must:
1. Complete the prerequisites for Chiropractic school(s) as advised
2. Maintain a competitive cumulative GPA (3.0 minimum)
3. Visit with the Health Sciences Advisor regularly
4. Visit with their major advisor regularly

Summary:

<table>
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<tr>
<th>Major</th>
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<tr>
<td>GPA</td>
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<tr>
<td>Letters of Recommendations</td>
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<tr>
<td>Relevant Life Experiences</td>
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<td>Physical Qualifications</td>
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Most chiropractic schools require 90 semester hours - a few require or prefer a degree*  
3.2 - 3.4  
2-3 Required – preferred authors are professors or chiropractors  
Needed – preferably in a chiropractic office  
Physical strength and coordination are essential in the performance of chiropractic techniques

*Please note that there are currently 12 states that require you to have an undergraduate degree along with the chiropractic degree before you may practice within their borders. **UND strongly recommends that you complete an undergraduate degree before matriculating into any Chiropractic school.

Suggested Pre-Chiropractic Schedule*:

<table>
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<tr>
<th>Freshman</th>
<th>Sophomore</th>
<th>Junior</th>
<th>Senior</th>
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| Fall     | Organic Chem 341, 341L  
          | Anat 204, 204L  
          | Elective**  
          | PEXS 332 (Biomechanics)  
          | or PEXS 442 (Exercise Phys)  
          | (either can replace Physics 212 at some schools) |
| Spring   | Organic Chem 342, 342L  
          | PPT 301  
          | Elective**  
          | Biochem 301  
          | Elective**  
          | Elective** |
| Summer   | Applications Due |

*Please note:
- Along with Organic Chem, Bio majors need to take the required classes of Genetics, Ecology, Cell Biology and Evolution as sophomores. They may take Anat 204 and Bio 442 (instead of PPT 301) in their Junior or Senior year.
- Along with Organic Chem, Chem majors need to take the required classes of Physics 211-212, and Chem 333 as sophomores. They may take Anat 204 and PPT 301 in their Junior or Senior year.

**Preferred Electives:
Science: Histology (Bio 369, 369L), Genetics (Bio 315), Developmental Bio (Bio 378), Microbiology (MBio 302)
Non-Science: Comm 110, BAdm 101, Nutr 240, Medical Terminology (Med 205)