

OIP International Student News

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Office of International Programs

OIP Main Page

International Student Services

International Student News Online

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Halloween Party!

The International Organization (IO) is hosting a Halloween Party this Saturday Night, October 31 at 6:00 p.m. For more information, please visit the IO Facebook page. Have a fun (and safe) Halloween! 🌐

“Fall Back” Saturday Night

Remember that we will be going off Daylight Savings Time this weekend. At 2:00 a.m. on Sunday morning, the time will change back one hour. Please make sure that you change your clocks accordingly (e.g. 11:00 p.m. becomes 10:00 p.m.). 🌐

Tips for Academic Success AND Maintaining Status

Some of you might have classes that you are struggling with right now. Please remember the resources that you have available to you to help you succeed. Some of the things you might think about doing:

- Talk to your professor or the teaching assistant to find out whether there are things you might be able to do differently in the class or to catch up with material you do not understand.
- Visit the Student Success Center. They have tutors available for certain courses and subjects. They also have people you can meet with to discuss study skills and strategies. Their website is: <http://ssc.und.edu/>
- Schedule an appointment at the Writing Center for guidance and feedback on writing your papers. Their website is: <http://www.und.edu/dept/wac/>
- Talk with your academic advisor about challenges you might be having academically.
- Come see an International Student Advisor.

Please remember that you must remain enrolled full time to maintain your F-1 or J-1 student status. **Do not drop below full time unless you have advance permission from an International Student Advisor.** 🌐

Remember to Pay Health Insurance

If you have not yet paid for your health insurance, please do so as soon as possible. Participation in this health insurance plan is a requirement of the North Dakota University System. Failure to pay for your health insurance has two immediate consequences:

1. You cannot show that you have health insurance if you need to see a doctor
2. A hold has been placed on your student account that will prevent you from registering for your classes next semester.

You can pay for your health insurance by submitting payment to Student Account Services in Twamley Hall.

If you have already paid for your health insurance, the payment will be submitted to the insurance company and the card sent to the OIP. We will email you when the cards arrive. 🌐

Swaziland Night Canceled

Due to some unforeseen, last minute circumstances, the November 5th cultural night has been canceled. Please join us again for Japan night on November 19th. 🌐

Send your events to IS News

If you have events that you would like to have announced in the International Student Newsletter, please send them to Shannon at shannonjolly@mail.und.edu no later than Wednesday of the week you would like them announced. IS News is sent out on Fridays, but only on weeks when we have announcements!