



*Sigma Theta Tau International*  
**Honor Society of Nursing**

*Eta Upsilon Chapter Newsletter*

October 2006

Vol. 22 No. 2

**President's  
News**

Fall greetings on behalf of the Board for the Eta Upsilon Chapter of STTI. It is with pleasure that I write my first President's Messages to you, the chapter members. Two years ago, I was asked to assume the position of President-Elect and this past May, I was inducted into my current role as Chapter President. I thank you for investing the confidence in me to assume that role with the many great board members at my side.

Over the past two years, I have been involved on the Board, watching and learning much about our organization. I have had positions on the board in the past and they all have been rewarding. Over the years of being involved, I have learned much from great leaders in our organization. Each member that I have interacted with brought a different set of qualities to the table. Those qualities have ranged from meeting skills to research abilities, from time management to writing. Some of my mentors have worked in the clinical setting and others in academia. All have brought to me a quality that I can use in my work and personal settings.

What I have gained has been much to the credit of others and I thank them. Some of the credit I take upon myself for stepping up and taking advantage of the opportunity to interact with people who can teach me a great deal.

Over the next two years in my role, you will hear me talk often about getting involved. I hope that each of you will step up to the plate and offer to assist our chapter in carrying out the great work that we do. If we each do a little part, great things can happen. I think that by giving a little, you will have much to gain. The networking opportunities abound. The chances to meet and interact with people who can expand your boundaries are limitless; I challenge you to explore them!!

There are several of our committees that need members on them. If you are interested in any of the following areas, please send me an e-mail and I will get you connected with the right person: awards and scholarship, public relations, research, program, finance or archives to name a few. I know that we have many members with talents that are waiting to be tapped. Please get in touch with us and let us know how you can help us. You will most likely be surprised at how much you too, are helped.

I welcome your input about our chapter at any time. If you have ideas to share, give me a call. If there are concerns, my door is always open. Do you have an idea for a program? We would love to hear it. Please, stay in touch and help to make Eta Upsilon the best chapter around!!

*Sincerely,*  
**Carma Hanson, MS, RN**  
**Eta Upsilon Chapter President**

## Induction of Board Members

At the May Induction ceremony, the changing of the guard took place for the Eta Upsilon Chapter Board Members. We are pleased to present to you the following board members who will be serving the 2006-2007 term. If you are interested in serving on one of the many committees or moving into one of these roles as they open, please contact any one of the board members. We would love to have you become a part of our chapter's leadership.

<b>Name</b>	<b>Board Position</b>	<b>Contact Information</b>
Carma Hanson	President	chanson@altru.org
Julie Anderson	President Elect	julieanderson@mail.und.edu
Bette Olson	Vice President/Program	betteolson@gra.midco.net
Margaret Reed	Secretary	mreed@altru.org
Wanda Rosenquist	Treasurer	wrosenquist@altru.org
Cora Len Hutton	Governance Committee	chutton@altru.org
Darla Adams	Goverance Committee	darlaadams@mail.und.edu
Roxanne Hurley	Goverance Committee	roxannehurley@mail.und.edu
Pat Thompson	Counselor/Goverance Committee	patthompson@mail.und.edu
Kim Moon- Brouillet	Leadership Succession Committee	kbrouillet@altru.org
Cindy Omdahl	Leadership Succession Committee	
Liz Tyree	Leadership Succession Committee	liztyree@mail.und.edu
Rebecca Rudel	Finance Committee Chairperson	rebeccarudel@mail.und.edu
Gina Esslinger	Heritage/Archives	vesslinger@gra.midco.net
Nancy Joyner & Margaret Gadaire	Public Relations Co-Chairperson	njoyner@altru.org mgadaire@altru.org
Lek Seal	Research Committee Chairperson	lekseal@mail.und.edu
Susan Hunter	Awards/Scholarship Chairperson	susanhunter@mail.und.edu
Chandice Covington	Advisor	chandicecovington@mail.und.edu

## WITH SPECIAL THANKS TO OUR OUTGOING OFFICERS

On behalf of the new board of directors for the Eta Upsilon Chapter of STTI, we want to thank the following chapter members who recently transitioned from their board position during the May Induction Ceremony. We thank them for their years of service in the following positions and know that they have left a mark on the work that we have accomplished. Many thanks to them for saying “YES” to serve in these roles.

Ginny Guido – President  
Cindy Anderson – Secretary  
Bette Ide – Research Chairperson  
Darlene Hanson – Counselor/Eligibility

## CHAPTER LEADER ACADEMY UPDATE

At the end of September, I had the honor of attending the Chapter Leader Academy held every other year in Indianapolis. The headquarters for STTI is located in this city and it seemed like a fitting place to bring together chapter leaders, students and those interested in learning more about the honor society.

The event began with an open presentation by STTI President, Carol Picard. Dr. Picard talked about our society with a view from a hot air balloon and in a laboratory. Her pitch was to garnish a view as if in a hot air balloon where one can see the “Big Picture”. She challenged us to look beyond just what we can do in our individual chapters; to see how what we do and what we know can influence and assist others around the country and around the globe.

Dr. Picard also challenged us to view our chapter as if in a laboratory. She noted that looking closely at our organization brings out characteristics that can be vital to a successful chapter. Together, like many organisms in a lab, we “light up” when we come together and work as a team.

The days spent at the CLA served to ignite a sense of spirit and adventure in me that I hope to portray to our chapter members. Along with the leadership of our Regional Chairperson, Maureen Greene from Wisconsin, I know that we can encourage each of you to see the chapter as our STTI President, Dr. Carol Picard has so eloquently challenged us to do.

Thank you for the privilege of attending the CLA on behalf of the Eta Upsilon Chapter of STTI.

*Respectfully submitted,*

*Carma Hanson*

**CONGRATULATIONS TO THE FOLLOWING STTI MEMBERS  
ON THESE RECENT ACCOMPLISHMENTS.**

**THEIR ONGOING CONTRIBUTIONS TO THE PROFESSION OF NURSING ARE ADMIRABLE**

- Bette Olson on her retirement from nursing education in May 2006
- Glenda Linseth on her upcoming induction as a FANN member in November
- Eleanor Yurkovich and Evelyn Labun – Recent grant for psych research
- Glenda Lindseth on her recent grant Northern Plains Center for Behavioral Research
- Roxanne Hurley for her 20 years in nursing education and on being part of 5 generations in the nursing profession.
- Evelyn Labun – Is currently serving as the Interim Chairperson for Family in the Community
- Liz Tyree - Is currently on a LOA to complete her PhD
- Karen Byrne – She recently accepted the position of Patient Care Supervisor for NICU at Altru Hospital.
- Bette Olson, Brenda Gillund and Cec Volden on being selected as NDNA District 3 Award recipients
- Bette Olson is receiving the NDNA District 3 Honorary Recognition
- Cec Volden is receiving the Hall of Fame Award
- Brenda Jo Gillund is receiving the Outstanding Nurse of the Year Award

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**VIP Profiles**

Becoming involved in our organization has become easier, thanks in part to the STTI VIP Profile. This tool was created to ascertain the skills and interests of our STTI members. I encourage each of you to log on to the STTI website and complete your VIP Profile. The profile has a link on the home page and is easy and quick to complete. The tool asks members for their areas of practice, areas of expertise and the areas where they would like to become involved in the society whether on a local, regional, national or international level.

To complete your profile, please log on to [www.nursingsociety.org](http://www.nursingsociety.org) and click on the VIP Profile icon. This can be the first of many ways to get connected and get involved!!

**COMING SOON**



**Eta Upsilon Member Directory**

If you do not wish to be listed  
in our on-line member directory,  
please notify

[liztyree@mail.und.edu](mailto:liztyree@mail.und.edu)

**SIGMA THETA TAU INTERNATIONAL  
ETA UPSILON CHAPTER**

**2006 FALL INDUCTION CEREMONY**

The annual Sigma Theta Tau, Eta Upsilon Chapter Induction Ceremony will be held on Thursday, November 30, 2006 at the Townhouse Best Western Motel in downtown Grand Forks. The Induction Ceremony will begin at 7:00 PM. Dessert will be served immediately following the program. Family and guests are welcome.

Guest Speaker: ***Carma Hanson***

Topic: ***"The Doors That Have Opened Along My Path"***

Please complete the information below and return by November 27<sup>th</sup> to:

Bette Olson  
223 Circle Hills Dr  
Grand Forks ND 58201

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Sigma Theta Tau International – Eta Upsilon Chapter

**Induction Ceremony & Dessert RSVP**

I plan to attend the November 30, 2006 STTI, Eta Upsilon Dessert.

Number attending: \_\_\_\_\_

- Cost is \$5.00/person. Please enclose your check payable to STTI Eta Upsilon

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Return by November 27th (Noon) to:

Bette Olson  
223 Circle Hills Dr  
Grand Forks ND 58201  
701-772-5403 or [betteolson@gra.midco.net](mailto:betteolson@gra.midco.net)

## **Facts from the Finance Friends ...**

The Sigma Theta Tau International Honor Society strives to provide leadership and scholarship in practice, education and research to enhance the health of all people. Society members believe that the more nurses we have in health care, and the more knowledgeable they are, the more we can help improve world health.

Certainly, the most valuable resource of Eta Upsilon and all of Sigma Theta Tau is the members. Financial reserves help the leaders and you, as members, to fulfill our mission and conduct chapter activities.

The financial picture for Eta Upsilon is reasonably solid, though as is true for all non-profit organizations, we will always strive to maintain support and to encourage growth in our chapter. Perhaps a bit of review and/or insight on our assets, plans, & goals will be interesting to you.

The Heyse-Cory Endowment. In 1985, a Margaret Heyse Cory Lectureship was established through funds donated from a 1966 UND College of Nursing graduate, Nadine Nelson. Dr. Cory was a nurse leader with a distinguished career track, which culminated as a Dean for UND's CON from 1956 - 1975. The initial contribution started an annual "lectureship" - whereby regional or national leaders would come to campus to discuss issues and concerns relevant to the nursing profession. In 2003, the Eta Upsilon chapter orchestrated a significant fund drive, which created an endowment to support the lectureship.

The Eta Upsilon Chapter Endowment for Scholarships. This Endowment was also created from funds raised in a vigorous campaign in 2003. As nursing research is a major mission of Eta Upsilon and STTI, this fund is meant to support research grants, consistent with this important mission.

At any time, people are encouraged to make additional contributions to these important funds, either with a direct or deferred gift arrangement. Donations can be designated to either the 1) general account, 2) the Heyse Cory Lectureship, 3) the Chapter Endowment for Scholarships, or 4) for sponsoring new members. Please see the contribution form on page 7 of this newsletter.

Currently, both of these Endowments partially support the Lectureship and Research award commitment. In contrast to continual small fund-raisers, the Finance Committee and Eta Upsilon board have elected to run a full Endowments-Enrichment campaign in early 2007. You'll hear more soon!

*Becky Rudel, Finance Chair*



## GROWING REWARDS

*a mail-in contribution form ...*

Please continue to help us fund the work of our organization with a contribution to the Eta Upsilon Chapter of STTI, by completing the following and mailing to the address below:

This year I would like to be a

- Silver Contributor (up to \$99.00)*
- Gold Contributor (\$100 - \$249)*
- Pearl Contributor (\$250 - \$499)*
- Diamond Contributor (\$500 - to \$1000)*
- Sapphire Contributor (above \$1000)*

Please use this year's contribution for:

- Chapter Endowment for Scholarships (#46767)
- Heyse Cory Lectureship Endowment (#69015)
- Sponsoring new members with financial needs
- Eta Upsilon operating expenses
- Other \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Please enclose this form with our tax-deductible contribution to

**Eta Upsilon Finance Chair  
UND College Of Nursing  
430 Oxford St, Stop 9025  
Grand Forks, ND 58202-9025**

THANK YOU!

*Becky Rudel, Finance Chair  
Eta Upsilon*

## Thank you - for Growing Rewards

We applauded the contributors for Eta Upsilon's endowments this fiscal year – especially thanking Deborah Swanson as our first 2006-07 “Gold Contributor”.

Debbie – your support of the Heyse Cory Lectureship is much appreciated !

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### Research Grant Deadline

The **deadline for the Eta Upsilon Chapter Research Grant** applications is April 1, 2007. Two \$1000 grants will be awarded. See the Eta Upsilon Chapter web site for a copy of the application form in PDF. <http://www.und.edu/dept/nursing/stt/index.html> If you need a hard copy, please contact Lek Seal at 777-4544 or [lekseal@mail.und.edu](mailto:lekseal@mail.und.edu).

## Food for Thought

- Have you been to the STTI website? Check it out at [www.nursingsociety.org](http://www.nursingsociety.org) You'll find helpful information regarding the formation and ongoing mission of STTI, etc. Our local chapter website can be found on the UND website.
- Look for more details regarding our upcoming winter membership meeting. It should happen in late January or early February.
- Thoughts regarding a mentorship program are being explored. Stay tuned for more details

## 2006 SPRING INDUCTEES

### UNDERGRADUATES

Arvizu, Jessica  
Berntson, Novette  
Bloberger, Melanie  
Bruns, Kendra  
Bubbers, Katrina  
Cross, Jennifer  
Fahlstrom, Kyra  
Fiala, Amy Marie  
Hietala, Melissa  
Howe, Sarah  
Jackson, Amy  
Jendro, Cory  
Johnson, Laura  
Koland, Nathan  
Mutnansky, Melanie  
Richter, Lisa  
Romero, Teresa  
Sanden, Jenna  
Schimmelpfennig, Katie  
Sorenson, Laura

Stubson, Randi  
Walker, Stephanie  
Wangler, David  
Wynne, Jenifer  
Yurkovich, Katherine  
Zwanziger, TongeLa

### GRADUATES

Wright, Tracy  
Ye, Fang

### TRANSFERS

Covington, Chandice  
Seal, Lek  
Stellon, Kris

### COMMUNITY LEADERS

Anderson, Kari

**Sigma Theta Tau International  
Eta Upsilon Chapter  
2007 Awards & Scholarship Information**

Nominations and applications are now being accepted for the following 2007 awards and scholarships. The deadline for all submissions is **March 15, 2007** to allow for adequate time to review and notify the award recipients. Please refer to the attached forms for specific criteria for each award/scholarship. Listed below are some of the individuals who have previously received the awards.

**Excellence in Nursing.** This award rotates between Nursing Practice, Research, Leadership, and Education. Previous recipients include Diane Langemo (Research, 1989), Judith Euller (Education, 1993), Helene Kahlstorf (Practice, 1994), Patricia Vermeersch (Research, 1995), Lois Ustanko (Leadership, 1996), Helen Melland (Education, 1997), Susan Goebel (Practice, 1998), Susan Henly (Research, 1999), Debbie Swanson (Leadership, 2000), Cindy Anderson (Education 2001), Kim Haug (Practice, 2002), Glenda Lindseth (Research, 2003), Roxanne Hurley (Leadership, 2004), Darlene Hanson (Education, 2005) and Carma Hanson (Practice, 2006).

**Outstanding Undergraduate Student.** This award is given to an undergraduate student with at least a 3.0 GPA and demonstrating outstanding performance. Previous recipients include Lisa Ellefson (1992); Carol Hirschhorn (1994); Kimberly Nutz (1996); Tami Siewinski (1997); Elizabeth Miller (1998); Jennifer Dukart (1999); Sandy Becker (2000), Maria Rosa (2001), Andrea Bartholomay (2002), Megan Geiszler (2003), Brittany Grzadzielewski, (2004), Jennifer Gauderman (2005) and Melanie Mutnansky (2006).

**Outstanding Graduate Student.** This award is given to a graduate student with at least a 3.5 GPA and demonstrating outstanding performance. Previous recipients include Colleen Holzwarth (1992), Loretta Heuer (1994), Mary Lynn Eaglestaff (1996), Polly Dunn (1997), Karen Semmons (1999), Nancy McEnroe (2000), Kathleen Schweitzer (2001), Kathy Holt (2002), Heidi Stahl (2003), Kimberly Gregg (2004), Eileen Tabert (2005) and Fang Ye (2006).

**Tenth Anniversary Scholarship.** This scholarship was created in 1994 to commemorate the 10th Anniversary of the Chartering of the chapter. This \$250 scholarship is given to a nurse who is returning to UND to obtain a baccalaureate or higher degree in nursing. Previous recipients include Julie Anderson (1995), Sherry Burg (1997), Carrie Wise (2000), Candy Homstad and Heidi Stahl (2001), none awarded (2002), Julie Lavelle (2003), none awarded 2004 or 2005 and Vanessa Hernandez (2006).

**Caring Award.** This award was established in 1994 to recognize a STTI member for excellence in nursing as demonstrated by caring. Previous recipients are Barbara Dahlen (1995), Ellen O'Connor (1996), Virginia Esslinger (1997), Liz Tyree (1998), Nancy Klatt (1999), Cec Volden (2000), Pam Engel (2001), Christine Burd (2002), Nancy Joyner (2003), Terrie Jo Wold (2004) Bette Olson (2005) and Lois Ustanko (2006).

The chapter awards are a special way to recognize nursing colleagues for their accomplishments and to reward outstanding undergraduate and graduate students.

**Please consider nominating someone!**

**Sigma Theta Tau International Eta Upsilon Chapter**

**2007 Nomination Form**

To nominate an individual, complete this form, attach a paragraph describing how the nominee demonstrates the criteria for the award (include pertinent examples) and return to the address below.

**Deadline: March 15, 2007**

I nominate,

(Name of nominee)

(Address of nominee)

(City/State/Zip of nominee)

(Phone of nominee)

for the

Award.

As indicated in my attached statement, it is my belief that this individual meets the criteria set for this award.

Nominated by:

Name

Address

Phone

Return this completed form, **your** written statement of support and **one additional letter of endorsement and/or support** to:

**Susan Hunter, Awards and Scholarship Committee**

**UND College of Nursing**

**430 Oxford Street, Room 333**

**Stop 9025**

**Grand Forks, ND 58202-9025**

**Phone: 701-777-4533 (work), 701-775-2167 (home)**

**E-Mail: susanhunter@mail.und.edu**

**Sigma Theta Tau International  
Eta Upsilon Chapter**

**Caring Award**

**General Criteria**

1. Sigma Theta Tau International member
2. Excellence in nursing as demonstrated by caring
3. Nomination by chapter member
4. Two letters of endorsement and/or support from nursing and/or community leaders.

**Has a fellow Sigma Theta Tau member demonstrated exceptional caring this past year? If so who?**

**Sigma Theta Tau International  
Eta Upsilon Chapter**

**Excellence in Nursing Research Award**

**General Criteria**

1. Sigma Theta Tau International member.
2. Peer/faculty recognition.
3. Two letters of endorsement and/or support from nursing and/or community leaders.
4. Vitae

**Specific Criteria**

Evidence of meeting one or more criteria listed:

1. Conducts distinguished research in nursing
2. Communicates nursing research findings
3. Writes scholarly works related to nursing theory and/or nursing research
4. Gives evidence of a history of nursing research activities
5. Encourages research activities within Sigma Theta Tau International, nursing and/or the public.

**Sigma Theta Tau International  
Eta Upsilon Chapter**

**Award for Outstanding Graduate Student Performance**

**General Criteria:**

1. Sigma Theta Tau International member
2. 3.5 GPA
3. Peer/faculty recognition
4. Two letters of endorsement and/or support from nursing and/or community leaders
5. Vitae
6. Has not received award previously

**Specific Award Criteria:**

Demonstrates outstanding performance in two or more of the following activities: clinical, academic, creative, research, leadership, or community service as evidenced by a number of criteria such as:

- a. Excels in communication skills.
- b. Carries out projects in a creative manner.
- c. Participates in the development of other nursing students.
- d. Creates an environment that enhances the image of nursing/nurses.
- e. Demonstrates superior preparation and organization consistently.
- f. Develops creative approaches to nursing practice that contribute to quality client care.
- g. Demonstrates sound knowledge base in clinical judgments and practice.
- h. Participates in community affairs, legislation, or organizations that affect nursing practice.
- i. Receives local, state, or national recognition as a nursing leader.
- j. Demonstrates wellrounded interests and potential for future contributions to the profession.
- k. Participates in nursing research.
1. Creates publishable materials.

**Sigma Theta Tau International  
Eta Upsilon Chapter  
10th Anniversary Scholarship  
\$250.00**

**General Criteria:**

1. LPN or RN who is attending the UND College of Nursing to obtain a baccalaureate or master's degree in nursing (membership in STTI not required).
2. Commitment to scholarly endeavors
3. Demonstrated commitment to professional goals
4. Demonstrated commitment to scholarship and leadership
5. Nomination by chapter member

**Application is to include:**

1. A short essay which addresses:
  - a. Scholarship and leadership abilities
  - b. Future goals and plans
  - c. Role of professional organizations in nursing and in applicant's personal goals
2. Transcript of all academic work
3. Two letters of endorsement and or support from nursing and/or community leaders.

**Sigma Theta Tau International  
Eta Upsilon Chapter**

**Award for Outstanding Undergraduate Student Performance**

**General Criteria:**

- I. Sigma Theta Tau International member
2. Peer\Faculty recognition
3. Two letters of endorsement and/or support from nursing and/or community leaders.
4. 3.0 GPA
5. Has not received award previously

**Specific Award Criteria:**

Demonstrates outstanding performance in two or more of the following activities: clinical, academic, creative, research, leadership, or community service as evidenced by a number of criteria such as:

- a. Excels in communication skills.
- b. Carries out projects in a creative manner.
- c. Participates in the development of other nursing students.
- d. Creates an environment that enhances the image of nursing/nurses.
- e. Demonstrates superior preparation and organization consistently.
- f. Develops creative approaches to nursing practice that contribute to quality client care.
- g. Demonstrates sound knowledge base in clinical judgments and practice.
- h. Participates in CON or other preprofessional organizations that affect nursing practice.
- i. Recognized as a nursing leader within College and/or University.
- j. Demonstrates wellrounded interests and potential for future contributions to the profession.