



Sigma Theta Tau International Honor Society of Nursing

Eta Upsilon Chapter Newsletter

March 2005

Vol. 21 No. 1

President's News

Though its only February, this year has been an exciting one for the chapter and we look forward to continuing this excitement in the coming months. In November, President-elect Carma Hanson attended a leadership meeting in Indianapolis. Be sure and read her report in the newsletter. These leadership meetings not only assist our officers to learn more about the organization and how to better the working of individual chapters, but they also allow elected leaders to network and discover how other chapters are addressing issues at the chapter level. Lots of new and innovative ideas have emerged from such meetings and we look forward to implementing some of these great ideas in the near future.

While Carma was in Indianapolis, she was also able to attend the Sigma Theta Tau International Awards Ceremony. During the ceremony, Dr. Sue Henley, one of the members of Eta Upsilon and a former faculty member of the University of North Dakota College of Nursing, was the recipient of a Pinnacle Award. Our congratulations go to Sue Henley and our thanks to Patty Vari, past president of the Eta Upsilon Chapter, nominating Sue Henley for this award.

Also in November, the chapter held its annual membership night. Two outstanding speakers, Cheryl Stauffenecker and Terrie Jo Wold, presented a slide show about their individual experiences in international nursing. Several of the potential new members of Eta Upsilon and many current chapter members were present to hear about Cheryl and Terrie Jo's adventures.

Eta Upsilon Chapter 2004-2005 Officers

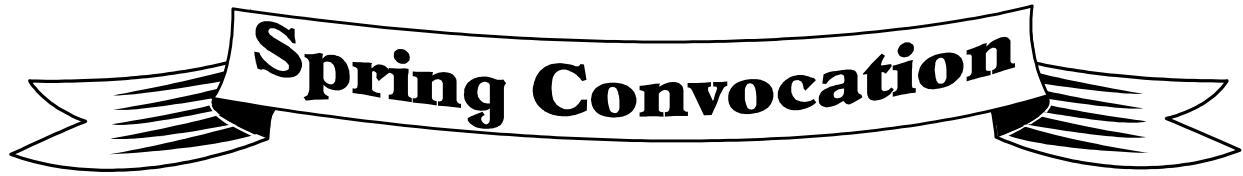
President: Ginny Guido
President-Elect: Carma Twete-Hanson
Vice President: Deborah Swanson
Secretary: Cindy Anderson
Treasurer: Wanda Rosenquist
Counselors/Eligibility:
 Marcia Gragert, Chair
 Darlene Hanson
Public Relations:
 Danielle Kovarik,
 Nancy Joyner
Heritage/Archivist: Gina Esslinger
Membership Involvement:
Awards/Scholarship: Bette Kappedal
Research: Bette Ide
Induction: Kate Schweitzer
Bylaws: Susan Hunter
Finance: Cec Volden
Nominating: Terri Keehr, Chair
 Cindy Brigande
 Rhonda Tibert
Advisor: Helen Melland

In December, the chapter reached its goal of a \$10,000. Endowment Campaign that will support scholarships in future years. Congratulations to Cec Lambeth and all of her committee who worked so hard to make this a reality. Part of the funds was raised in the raffling of a jeweled Sigma Theta Tau International pin and we thank Eileen Hubsy for contributing the pin. The success of this campaign is even more overwhelming when one considers the short time frame in which it was accomplished. I personally want to thank all the members who gave to this campaign. We could not have been successful without your continuing support.

In February, the chapter held its winter meeting and we were thrilled to have Holly Kostrzewski as the keynote speaker. Holly's presentation was entitled "Succeeding in College and in Life with Traumatic Brain Injury, My Story: "With Both Hands." She is truly a wonderful and talented speaker and I thank Deborah Swanson for all her efforts in making this an eventful and memorable night. Mark your calendars now for our annual Eta Upsilon Induction Ceremony that will be held on Saturday, May 14, 2005. Information about this event can be found in the newsletter. Also look in the newsletter for opportunities to apply for the chapter research awards and nomination forms for the chapter awards. Start thinking about who would be most deserving of these awards and send your nominations to Bette Kappedal, Chair of the Awards and Scholarship Committee.

As always, thank you for your continuing support of Eta Upsilon. It is truly my pleasure to serve as the President of this wonderful and dynamic chapter of STTI.

Ginny Guido, JD, MSN, RN, FAAN

A decorative banner with the text "Spring Convocation" written in a bold, serif font. The banner has a ribbon-like appearance with folds at the ends and horizontal lines on the sides.

Spring Convocation

You are invited to attend the 2005 Spring Convocation
to be held Friday, April 1st from 9:00 AM – 12:00
at the Grand Forks Holiday Inn.

Past President of Sigma Theta Tau International; Sr. Rosemary
Donley will provide the keynote address on
“Nursing Leadership in the Ever-Evolving Health Care System”

Sr. Donley is Professor of Nursing and Director of two
federally funded Community/Public Health Nursing
Graduate Programs at The Catholic University of America,
Washington, D.C.

Her clinical and research interests are health policy,
clinical decision making and health care literacy.

A panel presentation to discuss nursing leadership in
North Dakota will follow the keynote address.

Please plan to attend!

Dr. Susan Henly receives Pinnacle Award



Pictured left to right: Connie Trowbridge, Region 4 Coordinator; Dan Pesault, President International Organization; Dr. Susan Henly, Pinnacle Award recipient

Pictured left is Dr. Susan J. Henly receiving the STTI Regional Pinnacle Award for Research Dissemination at the Chapter Leader Academy last fall in Indianapolis. Her name is automatically forwarded to be considered for the STTI 2005 International Award for Nursing Excellence – Research Dissemination in Nursing Award. Winners will be notified in July, 2005 and be awarded at the Biennial Convention, November 12-16 in Indianapolis, IN. Dr. Henly's achievements are highlighted in the following document which presents fulfillment of the award criteria:

Dr. Susan J. Henly has made an individual impact on the dissemination of nursing research that is worthy of the STTI 2005 International Award for Nursing Excellence – Research Dissemination in

Nursing Award.. Her systemic effort in the area of research design, statistics, and analysis has been critical toward making research available to nurses in an accessible and usable format. Dr. Henly has 27 refereed publications and 73 presentations representing the range of projects with which she is involved. Dr. Henly's strength in the Nursing Research Dissemination arena is that she has been able to utilize her talents through collaborating with many nursing researchers to strengthen projects in the study design, statistical analysis, and discussion of the findings. Dr. Henly is also highly sought after as a collaborator because she is a clear thinker and brings a fresh approach to the table. Her contribution in each of these projects has been essential to the dissemination of the final outcome, either in print or in direct presentation.

The major areas of nursing research that have been impacted by Dr. Henly's contributions include breastfeeding, infection control, and nursing education. Dissemination of this work is well documented in publications and presentations with the primary purpose being to impart new knowledge to other nurses . The work on infection control is particularly pertinent to nursing practice and has been made available to nurses in a convenient manner and at a reasonable cost through publications in the American Journal of Infection Control and the Applied Nursing Research journal. Nurses are attracted to use these findings when study results are packaged in a way that resonates with the workplace (e.g. publication titles: staffing requirements for infection control programs in U. S. health care facilities; understanding adherence to hand hygiene recommendations; nurses' motivation to wash their hands).

Dr. Henly's work with breastfeeding has been attractive to nurse researchers because of theory development (e.g. theories: Theory of Planned Behavior in Breastfeeding; Ecological Perspectives of Breastfeeding), attractive to nursing practice (e.g. publication topics: Early weaning factors; Professional lactation support and breastfeeding success; Predicting breastfeeding duration) and attractive to nursing educators (Breastfeeding curriculum). Her contributions in the field of psychometrics are particularly noteworthy as well. Her most current projects include work with vulnerable populations. She is the PI on an NIH project, American Indian MS to PhD Science Doctorate. Additional work with Native Americans includes collaboration with the Strong Heart Study, a NIH: NHLBI funded study of cardiovascular disease among American Indians. These current projects have resulted in six presentations to date with publications in active preparation. It is a hallmark of Dr. Henly's work that dissemination is not just a goal but also a real outcome with a short turn around time.

Continued on next page:

Henley Continued:

Each publication has as an essential component critical review and synthesis of existing research on the publication topic. Dr. Henly is well respected as a nursing scientist, evidenced by her inclusion on two Editorial Boards (Nursing Research and Journal of Nursing Measurement) and numerous Review Panels.

The Pinnacle Awards are given to recognize the best in nursing and Dr. Susan J. Henly represents, undoubtedly, one of the finest, nursing has to offer. Because of her education and training, character, intellect, and work ethic, she has carved for herself a unique role in the nursing research arena. What Dr. Henly brings to the Research Dissemination table is not only expertise in psychometric instrumentation and statistical analysis but also her ability to provide clarity to complex findings so that dissemination of those findings becomes a reality. Each project bears the scientific mark of Dr. Henly, which is appreciated by a wide range of nurse researchers with which she has worked and by those familiar with her publications and presentations.

The support letters say it best: Dr. Susan J. Henly has made a profound impact to the dissemination of research to nurses for use in nursing practice, education, and research. It has been a pleasure to present to this committee documentation of Dr. Henly's fulfillment of the award criteria. I thank you for your consideration of her for the STTI 2005 International Award for Nursing Excellence – Research Dissemination in Nursing Award.

Submitted by: Patty Vari

**Research Grant
Information**

The deadline for the Eta Upsilon Chapter Research Grant applications is April 1, 2005. Two \$1000 grants will be awarded. See the Eta Upsilon Chapter web site for a copy of the application form in PDF.

<http://www.und.edu/dept/nursing/stt/index.html>

(Click on the application link) If you need a hard copy, please contact Bette Ide at 777-4531 or betteide@mail.und.nodak.edu.

With Thanks

One evening I came home to a blinking light on my answering machine. The message was from Cec Volden, our Finance Chairperson asking that I return her call. When I did, what a delight!! I was informed by Cec that I was the recipient of the raffle drawing for the jeweled Sigma Theta Tau pin. While I was more than delighted to support the raffle and fundraising effort, I never thought my name would be chosen as the winner. How proud I am to wear the beautiful jeweled pin and I thank the person who made the donation. Since the donor asked to remain anonymous, my hope is that they will see my thanks in this newsletter sent on behalf of me and Eta Upsilon. This served as a great fundraiser for our chapter and I will proudly wear the pin.

*Gratefully,
Carma Hanson*



Mark
Your
Calendar

The Eta Upsilon Chapter Induction Ceremony and annual meeting will be held on Saturday, May 14th at the Townhouse Hotel in Grand Forks. The Induction Ceremony begins at 9:00 am followed by the annual meeting. Brunch will be served immediately following the program. Family and guests are welcome. Complete the brunch RSVP form enclosed in this newsletter.



In January of 2005, Sigma Theta Tau launched a new program called **Volunteer Connect**. This is a way for STT members to get connected. Sigma Theta Tau has created a Volunteer Interest Profile (VIPprofile), an on-line interest survey on the honor society's Web site. I encourage you to go to www.nursingsociety.org/VIP and check it out!!

Why should you get connected?

- ✓ Share your skills, talents and opinions
- ✓ Participate in an international nursing organization
- ✓ Meet new people
- ✓ Grow personally and professionally.

Each STT member is asked to enter their membership number and complete an interest survey. You will be asked your areas of interest or specialty. The survey will inquire if there are ways you would like to help others such as writing, lecturing, conducting research, serving on a local or national committee and where your areas of expertise lie. It is a great way to share your talents and find talents of others that may assist you in your work, profession, research or project.

I learned of this new service from STT when I attended the National Leadership Academy this fall. I encourage each of you to go on-line and complete your profile today. Our chapter will be monitoring who has completed their profile and will provide reminders and encouragement to members to do theirs. Get Involved! It's what makes your experience with STT more worthwhile and each of you has something to share! Remember – visit www.nursingsociety.org/VIP today (have your membership number handy to begin the profile).

SIGMA THETA TAU INTERNATIONAL – ETA UPSILON CHAPTER

2005 INDUCTION CEREMONY & BRUNCH

The annual Sigma Theta Tau, Eta Upsilon Chapter Induction Ceremony and annual meeting will be held on Saturday May 14, 2005 at the Townhouse Best Western Motel in downtown Grand Forks. The Induction Ceremony will begin at 9:00 AM followed by the annual meeting. Brunch will be served immediately following the program. Family and guests are welcome.

Please complete the information below and return by May 9th to:

Marcia Gragert
UND College of Nursing, Box 9025
Grand Forks, ND 58202-9025

Sigma Theta Tau International – Eta Upsilon Chapter

Induction Ceremony Brunch RSVP

I plan to attend the May 14, 2005 STTI, Eta Upsilon Brunch.

Number attending: _____

- Cost is \$11.00/person. Please enclose your check payable to STTI Eta Upsilon

Name _____

Address _____

Phone _____

Return by May 9th to: Marcia Gragert
 UND College of Nursing, Box 9025
 Grand Forks, ND 58202-9025

CALL FOR ABSTRACTS

2005 COLLEGE OF NURSING
RESEARCH & SCHOLARSHIP COLLOQUIUM
GRAND FORKS, NORTH DAKOTA
MAY 6, 2005

DEADLINE: Abstracts must be received by March 29, 2005.

DIRECTIONS: Each submission must include the following:

1. A title page (single page) which lists: title of research; names of authors; highest earned degree; current position title; place of employment; mailing address; phone number and E-mail address of author who is to be notified regarding selection.
2. Completion of the Presenter Agreement form included with this mailing.
3. Four copies of the abstract. Abstract must be no longer than one page, typed, single-spaced, with one-inch top, bottom and right margins and a two-inch left margin. The abstract should be 250 words or less, typed using a 12 point or larger font size. The original copy must be camera ready. The title of the paper should be centered at the top of the page. Names of authors should appear directly under the title only on the original abstract. Content of the body of the abstract should include indication that you are submitting for one of the following:
 - A. Concurrent Session Presentation
 - B. Poster Presentation
 - C. Either concurrent session or poster presentation

MAIL TO: Marcia Gragert, PhD, RN
Research Colloquium
University of North Dakota, College of Nursing
PO Box 9025
Grand Forks, ND 58202-9025
marciagragert@mail.und.nodak.edu

SELECTION PROCESS: Abstracts will be reviewed and evaluated through a blind review process. Authors will be notified in April of acceptance.

PRESENTATION GUIDELINES: Paper presentations will be limited to 15 minutes, followed by a 5- minute discussion period. In the event an accepted author cannot attend the conference, notification should be made to the above individual in sufficient time for other arrangements to be made.

University of North Dakota
College of Nursing
RESEARCH & SCHOLARSHIP COLLOQUIUM

Friday, May 6, 2005
8:30 AM-2:30 PM

University of North Dakota
Memorial Union

Cost: \$15.00 (Includes
Break and Lunch)
Pre-registration required for meals

Abstracts Accepted
Until March 29, 2005

For More information. Contact:
Marcia Gragert
Und College of Nursing
Grand Forks, Nd 58202-9025
Marciagragert@mail.und.nodak.edu

*You are invited to the
UND College of Nursing
Spring Convocation and Sophomore Recognition*

**“Nursing Leadership in the
Ever- Evolving Health Care System”**

Keynote Speaker:

**Sr. Rosemary Donley, PhD, C-ANP, FAAN
Professor, Catholic University in Washington, D.C.
Past President of Sigma Theta Tau International**

**And a Panel Presentation on
“Developing Nursing Leadership in North Dakota”**

**Presenters: Terry Watne, RN, BSN, MS
Administrative Director, Altru Health System
Bruce L. Davidson, MSN, MM, RN
President & CEO, Prairieland Home Care
Constance Kalanek, PhD, RN
Executive Director, ND Board of Nursing**

**April 1, 2005
9:00 am - Noon
Grand Forks Holiday Inn**

**This continuing nursing education activity was approved by CNE-Net,
the education division of the North Dakota Nurses Association,
an accredited approver by the
American Nurses Credentialing Center’s Commission on Accreditation.**