



# *Sigma Theta Tau International* Honor Society of Nursing

## *Eta Upsilon Chapter Newsletter*

March 2006

Vol. 22 No. 1

### *President's News*

Though its only February, this year has been an exciting one for the chapter and we look forward to continuing this excitement in the coming months. In November, President-elect Carma Hanson and I attended the STTI Biennial Convention in Indianapolis, Indiana, as delegates and representatives of Eta Upsilon. One of the privileges of serving as representative was electing officers for the new biennium. We attended forums where candidates for President-Elect, Vice-President, Secretary, Treasurer, Directors-at-Large, Governance Committee Members, Leadership Succession members, and Regional Coordinators presented their individual views for the future direction of STTI. I was impressed with the depth and breath of their visions and knew, when it came time for voting, that STTI would have great leadership. Winners of these various positions are posted on the STTI website.

The new President for this biennium is Carol Picard. She addressed the House and presented her platform for the next two years. Her theme is Global Health through Collaboration, which very aptly resounds the vision that STTI encompasses: improving the health of people worldwide. We do need to remember that nursing scholarship and research should encompass all who required expert nursing care, whether the individual, family, or community is located within the United States or not. Her address can also be found on the STTI website at <http://www.nursingsociety.org/> Questions that she posed for the membership included:

1. How can I make a difference in achieving the mission and vision of the Honor Society of Nursing, Sigma Theta Tau International?
2. What is the one thing I can do this coming biennium that would contribute to the success of the defined strategic plan?
3. Is my vision that of the honor society's?

"If a critical mass of members answers these questions with action, we will be assured continued success," Picard said. As officers and board members of Eta Upsilon, we look forward to attempting to address this question and truly make a difference at the chapter level.

Attending the Biennial Convention as delegates allowed us to be present for the introduction of four new member nations from Africa. They join four additional nations as one Chapter-at-Large. Also presented to the society, as new chapters were 16 chapters, including one each from Canada, Japan, and Sweden. This brings the total number of STTI chapters to 446, with members residing in over 90 countries in the world. It was a wonderful feeling knowing that we a part of this great society and each of us can make a difference in this world.

Please plan to attend the formal Induction Ceremonies on May 13, 2006.

### ***Eta Upsilon Chapter 2005-2006 Officers***

*President:* Ginny Guido

*President-Elect:* Carma Twete-Hanson

*Vice President:* Bette Olson

*Secretary:* Cindy Anderson

*Treasurer:* Wanda Rosenquist

*Governance Committee:* Cora Len

Hutton, Darla Adams,

Roxanne Hurley

*Counselors/Eligibility:* Darlene Hanson

*Leadership Succession:* Kim Brouillet,

Cindy Omdahl, Liz Tyree

*Finance:* Rebecca Rudel

*Heritage/Archivist:* Gina Esslinger

*Public Relations:* Nancy Joyner,

Margaret Gadaire

*Research:* Bette Ide

*Awards/Scholarship:* Susan Hunter

*Advisor:* Dean Chandice Covington

*Ginny Guido, JD, MSN, RN, FAAN*

You are invited to the  
UND College of Nursing  
Spring Convocation, New Student Recognition, and  
Research Colloquium

"Creating a Solid Foundation for  
Practice: Finding the Evidence to  
Improve Nursing Care"

Featuring  
Chandice Covington, RN, PhD, CPNP, FAAN  
Dean of the UND College of Nursing

Friday, March 31, 2006  
9:00 AM  
Memorial Union Ballroom  
University of North Dakota

For more information: [www.und.edu/dept/nursing](http://www.und.edu/dept/nursing)

Schedule for the day:

Convocation 9am -12 pm; free and open to the public, CEUs available

NDNA Regional Meeting and Lunch; open to the public

Research Colloquium; \$20 fee - includes lunch; 1-4:00 pm; CEUs available

## ***Convocation & Research Colloquium Schedule of Events***

### ***Convocation***

9:00 a.m. Welcome & Keynote Address

**"Creating a Solid Foundation for Practice: Finding the  
Evidence to Improve Nursing Care"**

Chandice Covington, RN, PhD, CPNP, FAAN  
Dean, UND College of Nursing

10:00-10:15 a.m. Break

10:15-10:35 a.m. New Student Recognition

10:35-11:45 a.m. Panel Discussion: Using Evidence in Practice

11:45 a.m. Closing

**12:00-1:30 Lunch**

### ***Research Colloquium***

1:30-2:30 Presentation Breakouts

2:30-3:00 Break/Posters

3:00-4:00 Presentation Breakouts



## NOVEMBER 2005

Speakers at the annual Membership Night. The program was on “International Nursing” the panel consisted of:

**Lek Seal** - Thailand (Faculty)

**Fang Ye** - China (Grad Student)

**Susan Payne** - Great Britain (Undergrad student, worked 15 years as a Psych Nurse in GB)

## ETA UPSILON STTI ANNUAL AWARDS MAY 2005

**Research Award** - *Tracy Evanson*  
**Teaching Award** - *Darlene Hanson*  
**Caring Award** - *Bette Olson*  
**President** - *Ginny Guido*  
**Outstand Undergraduate Student Award** - *Jennifer Gauderman*  
**Outstanding Graduate Award** - *Eileen Tabert (not pictured)*



## INDUCTEES MAY 2005



**DEBBIE SWANSON PRESENTS THE  
MARGARET HEYSE CORY LECTURESHIP**

Debbie Swanson presented the Margaret Heyse Cory Lectureship, Feb 9, at the Townhouse in Grand Forks on "The Robert Wood Johnson Executive Nurse Fellows Program: A Leadership Journey" to members and students. She took us through her experiences and discussed her professional and personal growth as a Robert Wood Johnson Executive Fellow.

The Margaret Heyse Cory Lectureship was established in 1985 through funds contributed by Naden Nelson, a 1966 BSN graduate of the College of Nursing to honor Margaret Heyse Cory. Peg Cory served as Director of the University of North Dakota's Division of Nursing, and then became the first Dean of the College of Nursing. Under her able leadership, the College achieved many noteworthy milestones over the next nineteen years. The College received NLN accreditation, and shortly before her retirement, she was instrumental in obtaining approval for the current College of Nursing Building.

Debbie Swanson is the Nursing and Nutrition Supervisor at the Grand Forks Public Health Department. She is a graduate of the UND College of Nursing. She was a Robert Wood Johnson Executive Nurse Fellow from 2002-2005. She is a member of Eta Upsilon Chapter of Sigma Theta Tau, the American Nurses Association, and the American Public Health Association. Debbie currently serves as president-elect for the North Dakota Public Health Association.

*Bette Olson, MS, RN  
Associate Professor*

**PUBLICITY COMMITTEE &  
MEMBERSHIP INVOLVEMENT**

We are in the process of updating our mailing lists. If you have any changes to your address or phone number, please contact us. Also if you would like to be added to the LISTSERV, give us your email address. The LISTSERV will be use to send out upcoming happenings, announcements, deadlines, and other newsworthy items. Please send any additions or corrections to: [bethtoay@mail.und.nodak.edu](mailto:bethtoay@mail.und.nodak.edu). Once you are added to the LISTSERV you will receive a welcome message letting you know you have been added.

# **Sigma Theta Tau: Coming To Life**

As your President-elect, I was privileged to attend the bi-ennial convention in Indianapolis this past fall with President Ginny Guido. I have been a member of this fine organization for many years but attending the convention, helped bring the organization to a whole new life. Attending the presentations and educational sessions before the convention and then being a part of the convention itself, was interesting and exciting.

Our newly elected STTI President, Carol Picard closed the convention with a Presidential Call-to-Action. She encouraged collaboration in four key areas which I will list now and highlight in further newsletters. These include collaboration in knowledge, leadership, service and community. Much can be accomplished when individuals (members) and organizations (chapters) collaborate in their efforts. I too would challenge you to find ways in your personal and professional life where you can join hands with others and collaborate.

As Dr. Picard closed out the biennial convention, she urged attendees to ask themselves and members of our chapters these critical questions:

- How can I make a difference in achieving the mission and vision of the Honor Society of Nursing, Sigma Theta Tau International?
- What is one thing I can do this coming biennium that would contribute to the success of the defined strategic plan?
- Is my vision that of the honor society's?

Dr. Picard reminded those in attendance that if a critical mass of members answers these questions with action, we will be assured continued success and an enriching experience. The STTI strategic plan focuses on the following five areas in which collaboration can enhance the success of our efforts: knowledge, leadership, service, communities and sustainability.

So, as we move forward, I challenge you to heed Dr. Picard's call-to-action. Step up and offer to join hands with others and work for the betterment of our local STTI chapter.

*Carma Hanson*

**CALENDAR OF EVENTS, JANUARY - MAY 2006**

	<b>JANUARY</b>  <b>Board Meeting, January 26</b> <b>CON 201 Front</b>  <b>Finalization of qualified</b> <b>candidates for Induction</b>	<b>FEBRUARY</b>  <b>Board Meeting, February 23,</b> <b>CON 201 Front</b>  <b>Heyse-Cory Lectureship</b> <b>February 9, 2006</b> <b>Best Western Townhouse</b> <b>Debbie Swanson, speaker</b>  <b>Articles for Chapter</b> <b>Newsletter Due, 15th</b>
<b>MARCH</b>  <b>Board Meeting, March 23</b> <b>CON 201 Front</b>  <b>Nominations for</b> <b>officers/committee chairs</b> <b>presented for approval</b>  <b>Chapter Newsletter mailed</b>	<b>APRIL</b>  <b>Board Meeting, April 27</b> <b>CON 201 Front</b>	<b>MAY</b>  <b>Induction Ceremony &amp;</b> <b>Annual Meeting,</b> <b>May 13, 2006, 9:00 AM</b> <b>Best Western Townhouse</b>  <b>Transition Board Meeting</b>  <b>Approval of Budget</b> <b>for next calendar year</b>

**LEADERSHIP SUCCESSION  
COMMITTEE**

The Leadership Succession Committee seeks nominations for President-Elect and other offices. In keeping with the objective to mentor members into leadership roles, we are particularly interested in nominations of members who have been inducted in recent years, and can be mentored into higher leadership positions in the future. Please notify Cindy Omdahl, Liz Tyree, or Kim Brouillet of your interest in serving as an officer and/or nomination of members for office.

Responsibilities of offices are described in the bylaws which are on the website. Open positions will be announced in March, also on the website.

*Liz Tyree*

**Research Grant  
Information**

The deadline for the Eta Upsilon Chapter Research Grant applications is April 1, 2006. Two \$1000 grants will be awarded. See the Eta Upsilon Chapter web site for a copy of the application form in PDF.

<http://www.und.edu/dept/nursing/stt/index.html>

(Click on the application link) If you need a hard copy, please contact Bette Ide at 777-4531 or [betteide@mail.und.nodak.edu](mailto:betteide@mail.und.nodak.edu).

# SIGMA THETA TAU INTERNATIONAL – ETA UPSILON CHAPTER

## 2006 INDUCTION CEREMONY & BRUNCH

The annual Sigma Theta Tau, Eta Upsilon Chapter Induction Ceremony and annual meeting will be held on Saturday May 13, 2006 at the Townhouse Best Western Motel in downtown Grand Forks. The Induction Ceremony will begin at 9:00 AM followed by the annual meeting. Brunch will be served immediately following the program. Family and guests are welcome.

Please complete the information below and return by May 8th to:

Bette Olson  
UND College of Nursing, Box 9025  
Grand Forks, ND 58202-9025

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Sigma Theta Tau International – Eta Upsilon Chapter

### Induction Ceremony Brunch RSVP

I plan to attend the May 13, 2006 STTI, Eta Upsilon Brunch.

Number attending: \_\_\_\_\_

- Cost is \$9.00/person. Please enclose your check payable to STTI Eta Upsilon

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Return by May 8th to:           Bette Olson  
  UND College of Nursing, Box 9025  
  Grand Forks, ND 58202-9025

## **Contributions to Sigma Theta Tau Eta Upsilon Chapter since October 2004**

The following people contributed to the Eta Upsilon Chapter Endowment for Scholarly Endeavors (#46767), the Heyse Cory Lectureship Endowment (#69015), for sponsoring new members with financial needs, and/or to help with our operating expenses.

There is a contribution opportunity described elsewhere in the newsletter – take your opportunity to support Eta Upsilon!

THANK YOU CONTRIBUTORS! We greatly appreciate your ongoing support of our chapter and your help with achieving our goals.

### ***Silver Contributors***

Anderson, Cindy  
Azure, Madonna White Bear  
Braseth, Cynthia  
Hanson, Carma  
Heuer, Loretta  
Kappedal, Bette  
Schauer, Janet  
Shurr, Agnes  
Vari, Patty

Axtman, Pat  
Beauchamp, Lisa  
Esslinger, Gina  
Hanson, Char  
Inman, Linda  
Klatt, Nancy  
Semmens, Karen  
Thompson, Pat  
Watne, Terry

### ***Gold Contributors***

Hanson, Carma  
Labun, Evelyn  
Merrill, Lois  
Nielsen, Emily  
Swanson, Debbie

Haug, Kim  
McEnroe, Nancy  
Milburn, Lonna  
Reiten, Beth  
Wold, Terrie Jo

### ***Pearl Contributors***

Tyree, Liz

### ***Diamond Contributors***

Volden, Cec & Dave Lambeth

### ***Sapphire Contributors***

If you are aware of an error or omission in the above listing, please contact Becky Rudel @ 777-4546 or [rebeccarudel@mail.und.nodak.edu](mailto:rebeccarudel@mail.und.nodak.edu)

# GROWING REWARDS

Continue to help us fund the work of our organization! Submit your contribution to the Eta Upsilon Chapter of STTI, by completing the following:

This year I would like to be a

- Silver Contributor (up to \$99.00)
- Gold Contributor (\$100 - \$249)
- Pearl Contributor (\$250 - \$499)
- Diamond Contributor (\$500 - to \$1000)
- Sapphire Contributor (above \$1000)

Please use this year's contribution for:

- Eta Upsilon Endowment for Scholarly Endeavors (#46767)
- Heyse Cory Lectureship Endowment (#69015)
- Sponsoring new members with financial needs
- Eta Upsilon operating expenses
- Other \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Please enclose this form with our tax-deductible contribution to

**Eta Upsilon Finance Chair**  
PO Box 9025  
College of Nursing - UND  
Grand Forks, ND 58202

If you prefer, contributions to the endowments can be sent directly to:

**UND Foundation**  
PO Box 8157  
Grand Forks ND 58202

*(please specify which fund you wish your contribution to be directed)*

**THANK YOU!**

Becky Rudel, Finance Chair  
Eta Upsilon

**Sigma Theta Tau International  
Eta Upsilon Chapter  
2006 Awards & Scholarship Information**

Nominations and applications are now being accepted for the following 2006 awards and scholarships. The deadline for all submissions is **April 1, 2006** to allow for adequate time to review and notify the award recipients. Please refer to the attached forms for specific criteria for each award/scholarship. Listed below are some of the individuals who have previously received the awards.

**Excellence in Nursing.** This award rotates between Nursing Practice, Research, Leadership, and Education. Previous recipients include Diane Langemo (Research, 1989), Judith Euller (Education, 1993), Helene Kahlstorf (Practice, 1994), Patricia Vermeersch (Research, 1995), Lois Ustanko (Leadership, 1996), Helen Melland (Education, 1997), Susan Goebel (Practice, 1998), Susan Henly (Research, 1999), Debbie Swanson (Leadership, 2000), Cindy Anderson (Education 2001), Kim Haug (Practice, 2002), Glenda Lindseth (Research, 2003), Roxanne Hurley (Leadership, 2004), and Darlene Hanson (Education, 2005).

**Outstanding Undergraduate Student.** This award is given to an undergraduate student with at least a 3.0 GPA and demonstrating outstanding performance. Previous recipients include Lisa Ellefson (1992); Carol Hirschhorn (1994); Kimberly Nutz (1996); Tami Siewinski (1997); Elizabeth Miller (1998); Jennifer Dukart (1999); Sandy Becker (2000), Maria Rosa (2001), Andrea Bartholomay (2002), Megan Geiszler (2003), Brittany Grzadzielewski, (2004), and Jennifer Gauderman (2005).

**Outstanding Graduate Student.** This award is given to a graduate student with at least a 3.5 GPA and demonstrating outstanding performance. Previous recipients include Colleen Holzwarth (1992), Loretta Heuer (1994), Mary Lynn Eaglestaff (1996), Polly Dunn (1997), Karen Semmons (1999), Nancy McEnroe (2000), Kathleen Schweitzer (2001), Kathy Holt (2002), Heidi Stahl (2003), Kimberly Gregg (2004), and Eileen Tabert (2005).

**Tenth Anniversary Scholarship.** This scholarship was created in 1994 to commemorate the 10th Anniversary of the Chartering of the chapter. This \$250 scholarship is given to a nurse who is returning to UND to obtain a baccalaureate or higher degree in nursing. Previous recipients include Julie Anderson (1995), Sherry Burg (1997), Carrie Wise (2000), Candy Homstad and Heidi Stahl (2001), none awarded (2002), Julie Lavelle (2003), and none awarded 2004 or 2005.

**Caring Award.** This award was established in 1994 to recognize a STTI member for excellence in nursing as demonstrated by caring. Previous recipients are Barbara Dahlen (1995), Ellen O'Connor (1996), Virginia Esslinger (1997), Liz Tyree (1998), Nancy Klatt (1999), Cec Volden (2000), Pam Engel (2001), Christine Burd (2002), Nancy Joyner (2003), Terrie Jo Wold (2004) and Bette Olson (2005).

The chapter awards are a special way to recognize nursing colleagues for their accomplishments and to reward outstanding undergraduate and graduate students.

**Please consider nominating someone!**

**Sigma Theta Tau International Eta Upsilon Chapter**

**2006 Nomination Form**

To nominate an individual, complete this form, attach a paragraph describing how the nominee demonstrates the criteria for the award (include pertinent examples) and return to the address below.

**Deadline: April 1, 2006**

I nominate,

(Name of nominee)

(Address of nominee)

(City/State/Zip of nominee)

(Phone of nominee)

for the

Award.

As indicated in my attached statement, it is my belief that this individual meets the criteria set for this award.

Nominated by:

Name

Address

Phone

Return this completed form, your written statement of support and one additional letter of endorsement and/or support to:

**Susan Hunter, Awards and Scholarship Committee**  
**UND College of Nursing, Box 9025**  
**Grand Forks, ND 58202-9025**  
**Phone: 701-777-4533 (work), 701-775-2167 (home)**  
**E-Mail: susanhunter@mail.und.nodak.edu**

**Sigma Theta Tau International  
Eta Upsilon Chapter**

**Excellence in Nursing Practice Award**

**General Criteria**

1. Sigma Theta Tau member.
2. Peer/faculty recognition.
3. Two letters of endorsement and/or support from nursing and/or community leaders.
4. Vitae

**Specific Criteria**

1. Demonstrates breadth of knowledge in area of clinical nursing practice.
2. Develops creative approaches to nursing practice that contribute to quality client care.
3. Possesses clinical expertise and attributes of a clinical scholar.
4. Advances the scope and practice of nursing.
5. Serves as mentor/preceptor that inspires peer's practice of nursing.
6. Influences the practice of nursing through communication.
7. Enhances the image of nursing through nursing practice.
8. Participates in community affairs, legislation, or organizations that affect nursing practice.

**Sigma Theta Tau International  
Eta Upsilon Chapter**

Caring Award

**General Criteria**

1. Sigma Theta Tau International member
2. Excellence in nursing as demonstrated by caring
3. Nomination by chapter member
4. Two letters of endorsement and/or support from nursing and/or community leaders.

**Has a fellow Sigma Theta Tau member demonstrated exceptional caring this past year? If so who?**

**Sigma Theta Tau International  
Eta Upsilon Chapter**

**Award for Outstanding Undergraduate Student Performance**

**General Criteria:**

1. Sigma Theta Tau International member
2. Peer/Faculty recognition
3. Two letters of endorsement and/or support from nursing and/or community leaders.
4. 3.0 GPA
5. Has not received award previously

**Specific Award Criteria:**

Demonstrates outstanding performance in two or more of the following activities: clinical, academic, creative, research, leadership, or community service as evidenced by a number of criteria such as:

- a. Excels in communication skills.
- b. Carries out projects in a creative manner.
- c. Participates in the development of other nursing students.
- d. Creates an environment that enhances the image of nursing/nurses.
- e. Demonstrates superior preparation and organization consistently.
- f. Develops creative approaches to nursing practice that contribute to quality client care.
- g. Demonstrates sound knowledge base in clinical judgements and practice.
- h. Participates in CON or other pre-professional organizations that affect nursing practice.
- i. Recognized as a nursing leader within College and/or University.
- j. Demonstrates well-rounded interests and potential for future contributions to the profession.

**Sigma Theta Tau International  
Eta Upsilon Chapter**

**Award for Outstanding Graduate Student Performance**

**General Criteria:**

1. Sigma Theta Tau International member
2. 3.5 GPA
3. Peer/faculty recognition
4. Two letters of endorsement and/or support from nursing and/or community leaders
5. Vitae
6. Has not received award previously

**Specific Award Criteria:**

Demonstrates outstanding performance in two or more of the following activities: clinical, academic, creative, research, leadership, or community service as evidenced by a number of criteria such as:

- a. Excels in communication skills.
- b. Carries out projects in a creative manner.
- c. Participates in the development of other nursing students.
- d. Creates an environment that enhances the image of nursing/nurses.
- e. Demonstrates superior preparation and organization consistently.
- f. Develops creative approaches to nursing practice that contribute to quality client care.
- g. Demonstrates sound knowledge base in clinical judgements and practice.
- h. Participates in community affairs, legislation, or organizations that affect during practice.
- i. Receives local, state, or national recognition as a nursing leader.
- j. Demonstrates well-rounded interests and potential for future contributions to the profession.
- k. Participates in nursing research.
1. Creates publishable materials.

**Sigma Theta Tau International  
Eta Upsilon Chapter  
10th Anniversary Scholarship  
\$250.00**

**General Criteria:**

1. LPN or RN who is attending the UND College of Nursing to obtain a baccalaureate or master's degree in nursing (membership in STTI not required).
2. Commitment to scholarly endeavors
3. Demonstrated commitment to professional goals
4. Demonstrated commitment to scholarship and leadership
5. Nomination by chapter member

**Application is to include:**

1. A short essay which addresses:
  - a. Scholarship and leadership abilities
  - b. Future goals and plans
  - c. Role of professional organizations in nursing and in applicant's personal goals
2. Transcript of all academic work
3. Two letters of endorsement and or support from nursing and/or community leaders.



*Sigma Theta Tau, Eta Upsilon Chapter*

College of Nursing  
University of North Dakota  
PO Box 9025  
Grand Forks ND 58202