



Sigma Theta Tau International Honor Society of Nursing

Eta Upsilon Chapter Newsletter

March 2007

Vol. 23 No. 1

President's News

There are so many important topics that could be written about in a President's message for a newsletter. I could talk about the great members that we have that give of their time and talents to make our organization a great one. I could also write prophetic lines with hopes of inspiring those less involved to become active in our organization for the betterment of our group and themselves. There are many exciting things happening in our chapter that could be alluded to in order that our members stay current. I will however leave that up to PR people that are compiling this newsletter. Instead, I am using my space to dedicate to a nurse that has taught me much.

When I began working in the Intensive Care Nursery at Altru following my graduation from UND, I worked alongside a nurse that took me under her wings. She was always ready to coach and mentor me, to teach me her skills and show me that I too, a new grad that was still "green under the gills", could work in the Intensive Care Nursery. I saw firsthand the caring and compassion for her patients in a unit where fears of the parents were often seen. Her skill was tremendous but her love of the work she did was even more evident.

Eta Upsilon Chapter 2006-2008 Officers

President: Carma Hanson

President-Elect: Julie Anderson

Vice President: Bette Olson

Secretary: Margaret Reed

Treasurer: Wanda Rosenquist

Governance Committee: Cora Len

Hutton, Darla Adams,

Roxanne Hurley

Counselors/Eligibility: Pat Thompson

Leadership Succession: Kim Brouillet,

Cindy Omdahl, Liz Tyree

Finance: Rebecca Rudel

Heritage/Archivist: Gina Esslinger

Public Relations: Nancy Joyner,

Margaret Gadaire

Research: Lek Seal

Awards/Scholarship: Susan Hunter

Advisor: Dean Chandice Covington

This nurse later left Altru Health System to become Grand Forks' first school nurse. She and I stayed very connected through her role as a school nurse and my eventual position as the Coordinator for Safe Kids Grand Forks. Together, we worked on injury prevention for children within our community. I now saw firsthand that her soft spoken, yet strong voice served as a huge advocate for those children that often times didn't have a voice. She advocated for health and wellness and safety for the children. She all the time role modeled these behaviors.

Not only did this nurse find time to be successful in her career, she was involved on many other fronts. She was a wife and raised two beautiful daughters. Church was important to her. She gave of her time and talents to serve on the Board for the Eta Upsilon Chapter of Sigma Theta Tau International.

Unfortunately, the life of my friend and colleague was drawn short, as Cindy Omdahl died of cancer at age 50 in late December. My memory of Cindy brings me to the message of my President's Message section of this newsletter. **Work hard and LOVE what you do. Speak for those that may not have a voice. Hug your parents, your spouse and your kids a little tighter. And, give of your time and talents to make this world a better place. May God Bless the memory of Cindy Omdahl, our fellow STTI member, and may each of you have a nurse colleague at your side that can be your inspiration.**

Carma Hanson

You are invited to the



**Spring Convocation
and
New Student Recognition**

**Professors, Parents and Patients:
Lessons in Leadership**

**Keynote Speaker:
Diane Fladeland, PhD, RN
Provost & VP for Academic Affairs, University of Maryland**

**And a Panel Presentation on
“How has leadership made me a better nurse?”**

**April 13, 2007
9:00 am – 12:00**

Mentoring Continues in the Chiron Mentor Program Through Sigma Theta Tau International



The Chiron Mentoring Program offers members of Sigma Theta Tau International an invaluable resource for mentoring and individualized leadership development. Named for Chiron, a centaur in classical mythology who was a mentor to Aesculapius, Achilles and Hercules, the program gives the individuals to participate either as a mentor or mentee. Mentees are usually early in their careers and wish to develop leadership or scholarship skills. They are paired with nurses who are experienced and who will assist them in this one year program to achieve their professional growth centered on scholarship, leadership and evidence-based practice.

Last year 2005, Maureen Greene, RN, CNS-BC, ACNP-BC, doctoral student was mentored by Amy Coenen, RN, PhD. Maureen's goals were to "rub elbows with researchers" and hone her skills in research methods and leadership involvement. Maureen's final project centered on working with the STTI Virginia Henderson Library and a practice team of seasoned professors in determining effective methods to use terminology and retrieval software for library services. The goal was to address which method of terminology would suit the library in retrieving the "researcher" submitted articles and presentations on this library service. A strategic pilot project to match International Classification of Nursing terms (ICNP®) was undertaken by Maureen and monitored by Dr Coenen. This project is ongoing as a process summary is being done by Maureen and two other masters prepared students from University of Nebraska who were also on the team.

Maureen is also involved in the ACW® project. This cooperative project between Aurora, Cerner and University of Wisconsin-Milwaukee is spearheaded by Norma Lange and a team of researchers looking at nursing knowledge and evidence-based practice research results to guide nursing practice and performance. Maureen is providing literature evidence for one of the concepts of interest in this project. Maureen was financially supported by Delta Gamma Chapter for attendance at the first Chiron Leadership/Learning event July 2005. Maureen Greene is now the Region 4 Coordinator for the North-Central region of STTI representing 28 chapters in this region.

Maureen continues to work on these projects but has now offered to mentor the next Chiron recipient, Elizabeth (Kelly) Penza. Kelly is a BSN, Madison University graduate of a couple of years ago who is now a cardiopulmonary nurse at Wheaton Franciscan Healthcare-St Joseph Hospital. Kelly is being financially supported in part by Beta-Eta-at large chapter at UW-Madison. Kelly's focus is on public policy and

hopes to participate in projects being undertaken through the Wisconsin Nurses in association one of which is nurses' fatigue.

Members are encouraged to seek these opportunities through the STTI website: www.nursingsociety.org or leadership@stti.iupui.edu.

Postscript: Maureen T. Greene wishes to thank Delta Gamma Chapter for their past financial support for this award.

Presentation of the projects is planned for the Biennial event for STTI Convention in November 2007 in Baltimore, Maryland.

Maureen Greene, Region 4 Coordinator will be attending Midwestern Nursing Research Society conference March 23-26, 2007 in Omaha, Nebraska. Maureen is being funded to attend as a recipient of the Doctoral Student Poster award from the University of Wisconsin-Milwaukee where she is dissertator status. Maureen's poster will be presented from the Chiron work that she collaborated completed in piloting an analysis of mapping Sigma Theta Tau International Virginia Henderson Library terms to SNOMED-CT and ICNP. This poster is entitled:



Maureen Greene, Chiron Mentor (Left) and Kelly Penza, Chiron Mentee (Right) at Chiron Leadership Session and Sigma Theta Tau International offices at Indiana University/Purdue Campus

“A Collaborative Effort to Map Variables from the Virginia Henderson International Nursing Library to SNOMED-CT and ICNP”.

Why Regional, Why Not

Maureen T. Greene, MS, RN Doctoral Candidate is completing her first term as the biennium approaches in November 2007. Maureen has been an active Sigma Theta Tau member locally in her chartering chapter, Delta Gamma at Marquette University and now a dual member at Eta Nu Chapter, University of Wisconsin-Milwaukee where she received her master's and soon to complete doctoral degree in research in 2008.

Why Regional? Maureen indicates that because she was active at the local chapter level for over 25 years to date she saw the drive that STTI wanted in its leaders. “Leading in an organization is not really that difficult. You need some creativity, the ability to communicate and network well, and empower people to work and collaboratively move the mission, vision and values of the organization forward”, Maureen says. She recognizes in her many professional affiliations that it is difficult to find members to step up to board and task force positions. Maureen empathizes with this inherent problem in the STTI Region 4 and other agencies of service.

“The reason many people do not step forward is for many reasons. Not the right time in their life, other commitments, reducing current and future stress levels, and the need for sabbaticals from leadership work. These are understandable. Everyone needs a break and we have to understand that a “No” may mean only no for now”.

However, what concerns me are individuals that never tried it. These members who have never been active are really the ones that need to do some self-reflection. The organization is happy to have you! You are a true scholarly asset to STTI! But the offer for membership has its privileges for resume building but it also has its responsibilities. So I challenge all of our new members and “less than active” members to “Just Do It”! You just might find yourself in the process of service to an organization, like Sigma Theta Tau International and your local Chapter who have so much for you in benefits, you just have to (be) ask (ed) and say Yes!

P.S. (no experience needed, we do train and support)

LOOKING FOR LEADERSHIP

The Leadership/Succession Committee is currently seeking members to fill several positions on the Eta Epsilon Board. These are two year terms for 2007 through 2009. Good leaders are always needed to maintain the integrity and viability of an organization and if you are such a person or know someone within the organization who is such a person, please don't hesitate to come forward and express your interest in one of the following openings:

- Vice president
- 3 members for leadership succession
- Governance Committee

Please consider serving on the board. Meetings are held monthly (except in summer), and this year are on Thursdays at Altru. If you are interested on serving on the board, or have questions regarding the open positions, please contact Liz Tyree (777-4522) or Kim Brouillet (775-7002). If you know of someone that may be interested, but may not be aware of this opportunity, please let them know as well. Being on the board is a great opportunity to find out more about what STTI does.

Thanks for your interest and for your consideration of this opportunity.

PUBLICITY COMMITTEE & MEMBERSHIP INVOLVEMENT

We are continuously in the process of updating our mailing lists. If you have any changes to your address, phone number or email, please contact us.

Also if you would like to be added to the LISTSERV, give us your email address. The LISTSERV is used for sending out upcoming happenings, announcements, deadlines, and other newsworthy items.

Send any additions or corrections to:

bethtoay@mail.und.edu.

Once you are added to the LISTSERV you will receive a welcome message letting you know you have been added.

ETA UPSILON INTERNSHIP PROGRAM

The Leadership Succession Committee is happy to announce a new Internship Program. Two to three intern positions will be posted every year by Board members. Activities for Eta Upsilon interns will be focused on development of leadership skills, generally including attendance at Board meetings and contributing to the work of the Chapter. Our first intern was recognized at the annual Membership Night on February 27th. Crystal Dazell volunteered and was selected to work with Dr. Julie Anderson, President-Elect. We look forward to having future interns who may one day become future officers of Sigma Theta Tau chapters.



GROWING REWARDS

a mail-in contribution form ...

The Sigma Theta Tau International Honor Society strives to provide leadership and scholarship in practice, education and research to enhance the health of all people. Certainly, the most valuable resource of Eta Upsilon is the members. Next, financial reserves help the leaders and you, as members, to fulfill our mission and conduct chapter activities.

As a non-profit, we will always strive to maintain support and to strengthen the financial stance of our chapter. encourage financial strength in our chapter. At any time, please be encouraged to help fund the work of our organization with a contribution to the Eta Upsilon Chapter of STTI, by completing the following and mailing to the address below:

This year I would like to be a:

- Silver Contributor (up to \$99.00)*
- Gold Contributor (\$100 - \$249)*
- Pearl Contributor (\$250 - \$499)*
- Diamond Contributor (\$500 - to \$1000)*
- Sapphire Contributor (above \$1000)*

Please use this year's contribution for:

- Chapter Endowment for Scholarships (#46767)
- Heyse Cory Lectureship Endowment (#69015)
- Sponsoring new members with financial needs
- Eta Upsilon operating expenses
- Other _____

Name _____

Address _____

Phone _____ E-mail _____

Please enclose this form with our tax-deductible contribution to

**Eta Upsilon Finance Chair
UND College Of Nursing
430 Oxford St, Stop 9025
Grand Forks, ND 58202-9025**

THANK YOU!

Becky Rudel, Finance Chair Eta Upsilon



Eta Upsilon Chapter of Sigma Theta Tau International

Research Proposal Guideline

(Maximum of 10 pages for Parts I – III)

Part I: The Problem (Includes a title, statement of the problem, statement of the purpose, theoretical/conceptual framework, hypotheses or research questions, definition of variables [theoretical and operational], and significance to nursing science)

Part II: Methods (Study design, site, sample and sampling procedure, data collection procedures, instrument reliability and validity [as relevant], and analysis method)

Part III. Budget (detail and justify the amounts requested)

- a. Personnel
- b. Supplies
- c. Travel
- d. Other

Part IV. Appendices

- a. Appendices

Official human subject review approval letter or statement that approval is pending

Consent form

Instruments

Investigator(s) curriculum vitae

Students: Letter from advisor; abbreviated c.v. for advisor

Contacts:

Nuananong Seal, Ph.D., RN

701-777-4544

lekseal@mail.und.edu

STTI Annual Membership Night Fun for All



STTI's annual membership night was a great time for those that attended. Not only was the potluck meal a wonderful success, the discussion by students that attended a learning opportunity in Spain, was excellent. These photos depict some of the things that those that didn't attend missed. See you all next year!



RESEARCH DAY NEWS

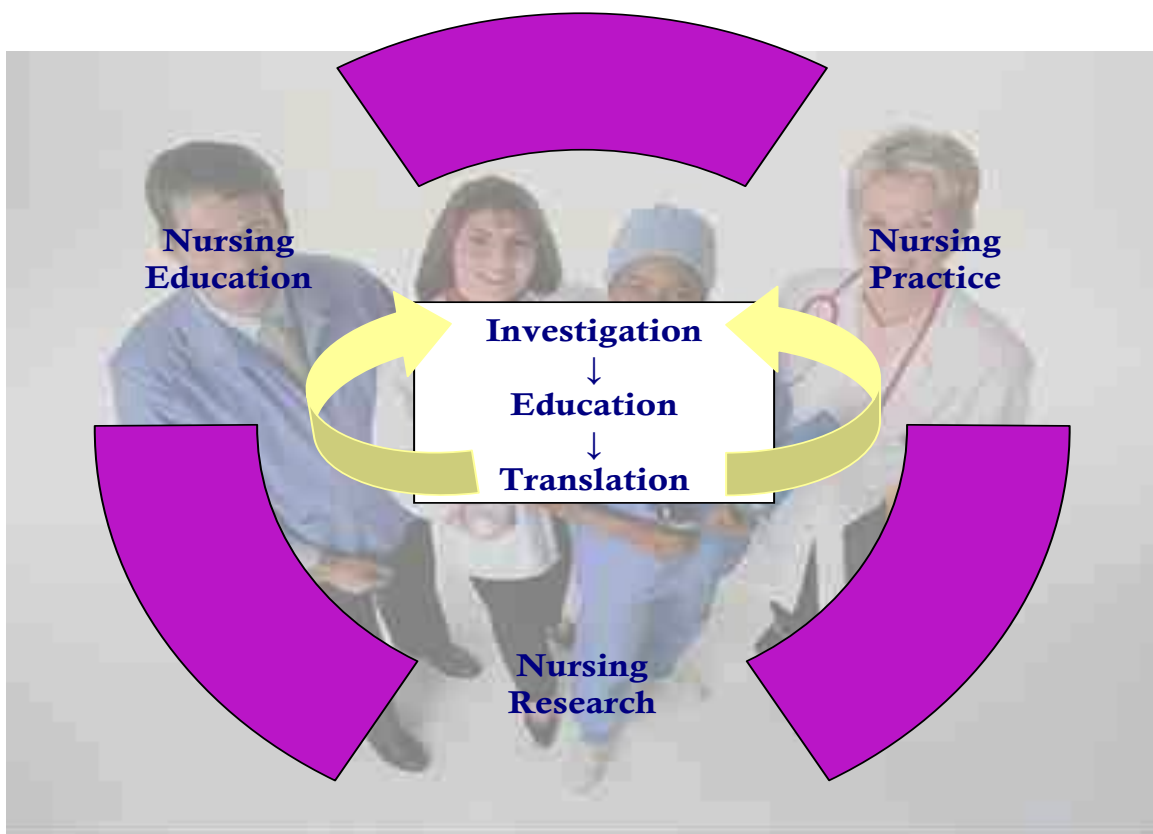
Greetings from your Research Day Co-Chairs, Tracy Wright and Julie Anderson! It is with pleasure that we agreed to co-chair our chapter's research conference for 2007. This conference has served as a dynamic arena for bringing nurses together from practice and academia to share their research and scholarship activities. We are sure the same will prevail in 2007!

Eta Upsilon Chapter of Sigma Theta Tau International will be hosting the 3rd Biennial International Nursing Research Conference at University of North Dakota in September of 2007. The theme for the conference is "Nursing Science: Advancing the Care of Patients". The conference will be held September 20th & 21st. A reception will be held at the North Dakota Museum of Art in the evening of September 20th and the conference will follow September 21st at the University of North Dakota Memorial Union.

Included in this newsletter is a Call for Abstracts for Eta Upsilon's Research Committee. Please consider submitting your research and/or scholarship for presentation in September. Be sure to catch the April 30th deadline for submission!!

In addition, volunteers to serve on the various committees for the conference. If you are interested please contact Tracy Wright (218-766-2336) or Julie Anderson (701-777-4541). We have opportunities for you to select menu items, coordinate registration and more!! This is a great opportunity for new members to become involved!

Nursing Science: Advancing the Care of Patients



3rd Biennial International Nursing Research Conference
Sigma Theta Tau International
Eta Upsilon Chapter
September 20-21, 2007

Call For Abstracts

Individuals are invited to participate in the 3rd Biennial International Nursing Research Conference hosted by Eta Upsilon Chapter of Sigma Theta Tau International (STTI), September 20th (evening reception) and 21st, 2007 in Grand Forks, ND. STTI members and nonmembers from all areas of nursing are welcome to attend and to submit abstracts for either oral or poster presentation.

Submission deadline is April 30th 2007. Abstracts should be no longer than **300 words in 12 point New Times Roman font.** Details of your presentation designation will be sent out following abstract review. Please ensure that you include your **contact information** in a cover letter so that we may confirm presentation arrangements with you.

Oral Presentations: Include presentation title, names and affiliations of all presenters, STTI Chapter affiliation (if applicable) and a brief summary of the work. Indicate the general field of interest within nursing. Please indicate if you would be willing to do either oral or poster presentation and your preferred format.

Poster Presentations: The objective of a poster presentation is to provide the presenter with an opportunity to share relevant work or experience with conference delegates in a visual, interactive, and less formal format. Abstracts should include the poster title, names and affiliations of all presenters, STTI Chapter affiliation (if applicable) and a brief summary of the work. Indicate the general field of interest within nursing.

Please indicate whether you would be willing to do either oral or poster presentation and your preferred format.

Abstracts may be submitted by E-mail to Lek Seal: lekseal@mail.und.edu

Or by regular mail:

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